CATALOGUE OF ACTIVITES & EXCURSIONS

MONTPELLIER - 2024



1-DAY EXCURSIONS





NÎMES — PONT DU GARD

Nîmes has a Roman heritage that is unique in France and the Pont du Gard transported, 2,000 years ago, the water to the town from the garrigue (listed as a World Heritage site by UNESCO).



AIGUES MORTES — SAINTES MARIES DE LA MER



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Discover the Camargue and its typical wildlife, medieval spirit and richness of traditions with 2 symbolic towns: Aigues-Mortes and les Saintes Maries de la Mer.





PEZENAS — CAP D'AGDE — SÈTE



(L) 1 day

€€€

Go for an excursion combinating history, nature, and local culture. From the medieval architecture of Pezenas to the seaside of Agde and the captivating port of Sete, you will embark on an enriching journey!





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Visit Pezenas, a town of medieval charm, the UNESCO World Heritage Canal du Midi and Cap d'Agde with its volcanic cliffs and black sandy beach.









1 day

€€€

Discover the capital of the Camargue, with its Roman heritage, unique in France. Our 2nd stop is the charming village of Les Baux de Provence, with its magnificent medieval heritage.





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Avignon was the European Capital of Culture in 2000, thanks to its famous July theater festival and the city's most visited monument (Palais des Papes) that is considered to be the most beautiful Gothic palace in France.









(L) 1 day

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The famous medieval city of Carcassonne was listed as a World Heritage Site by Unesco. Its castle and ramparts, restored in the 19th century by Viollet le Duc, are a must-see in the medieval world.

ARLES — LES SAINTES MARIES DE LA MER



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This town has influenced many artists, including the famous painter Van Gogh, who painted many pictures here. There are fortified Romanesque church, pink flamingos, bulls and horses!





MARSEILLE



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Discover the vibrant culture, rich history and stunning landscape on the Mediterranean! Marvel at the famous Vieux Port and the alternatives streets of Cours Julien.

AIX EN PROVENCE



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This picturesque town in the south of France is renowned for its plane tree-lined streets, elegant fountains and inspiring artistic atmosphere.







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You'll see La Couvertoirade, a Larzac fortified village, the Millau viaduct with is the highest viaduct in the world. And finally, discover the village of Roquefort and its world-famous cheese.



SAINT GUILHEM LE DÉSERT — **CLAMOUSE CAVE**



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A typical Languedoc village (listed as a World Heritage Site by UNESCO). Discover one of the region's most beautiful caves, nicknamed the "Clamouse" and take a seat on the oldest Romanesque bridge in France, the "Devil's Bridge".





GORGES DU TARN



1 day

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The Gorges du Tarn offer a spectacular landscape of limestone cliffs overlooking the emerald waters of the River Tarn, ideal for nature lovers and adventure enthusiasts.

1/2 DAY EXCURSIONS





(L) 1/2 day

Nîmes, the 2nd largest town in Languedoc Roussillon, has a Roman heritage that is unique in France. Discover this dynamic city famous for its bullfights and numerous férias!





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Typical Languedoc village with prestigious religious past where you can sample the local specialities and enjoy a tasting of St Saturnin wine, undoubtedly one of the best cellars in the region.





AIGUES-MORTES



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The fortified medieval town of the Camargue. was France's first port, the starting point for the 7th Crusade to Jerusalem, and later a state prison for Protestant women. A boat tour option is available from May to September.





1/2 day €€



Sète, is the "Little Venice of Languedoc". The town is both seafacing (1st fishing port in the French Mediterranean) and lakefacing (oyster and mussel farming). A boat tour option is available from May to September.





PÉZÉNAS



(L) 1/2 day

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The little Versailles of Languedoc, with its beautiful town houses. discover the medieval charm of its historic centre, with its cobbled streets and private hostels!

SAINTES MARIES DE LA MER



(L) 1/2 day

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Discover special animals: pink flamingos, bulls and horses in Les Saintes Maries de la mer and its fortified Romanesque church, a place of pilgrimage on the Way of St James. A boat tour option is available from May to September.





CIRQUE DE MOUREZE



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The Cirque de Moureze offers a beautiful walk through a landscape worthy of a fairytale. In summer, you can swim in the Salagou lake! The rest of the year, the day ends with a wine tasting in a wine cellar.

CANYON DU DIABLE — ST SATURNIN WINE TASTING



(L) 1/2 day

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Spectacular scenery with impressive and intriguing rock faces, creating an enchanting atmosphere that fascinates visitors. In summer, you can swim in the Salagou lake!









(L) 2h30 or +



A walk in the hinterland to discover the fauna, flora and geology of the garrigue. If you choose to do the walk in the afternoon, it will be followed by a tasting of local wines.





1h or +

on quotation

Explore the calm turquoise waters near Montpellier by canoe kayak. You'll discover magnificent landscapes and enjoy an aquatic adventure full of laughter and connection with nature.









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You'll pass between the ponds and the beach, and you might even spot pink flamingos and bulls, the animals of the region. Then appreciate to chill or play at the beach.

SPORTS AND WORKSHOPS



FRENCH SONGS



1h30



Discover French songs from the 70s to the present day. With a musician, you will sing or listen to these well-known songs as you wish. A booklet and CD of the songs sung will be provided.



COOKING CLUB





Choice of cooking workshop: crêpes or tapenade. We'll make the recipe from the beginning to the end, and then we all eat together!





AOCCITAN DANCES





Discover and learn the traditional dances of our Occitan region. You'll be guided by a passionate musician and teacher, in a setting that is part of the town's historic heritage.









Come and try your hand at the South of France's favorite sport: pétanque. A team game of boules that's both sporty and fun.





WINE AND CHEESE TASTING (+18)





A convivial and instructive moment centered on three essential foods of Languedoc gastronomy, in which the instructor will teach you about their origins, production processes and how to taste them!

EXTRA ACTIVITIES









Bowling is a fun activity that's accessible to everyone, offering a friendly and competitive atmosphere where you'll have plenty of laughs and excitement.



(L) 20min or + on quotation

A sporting activity where you can immerse yourself in dark arenas with thrilling music, using lasers to score points and avoid enemy fire.









(L) As you want on quotation

Montpellier's ice rink offers a magical experience, with its colourful lights and lively music giving it a disco atmosphere for skating.





(L) As you want on quotation

An impressive sporting activity, take a stroll through the trees, cross obstacles and have the time of your life! Discover a breathtaking new viewpoint.





BEACH VOLLEYBALL



As you want on quotation

Immerse yourself in the summer atmosphere by playing beach volleyball on the warm sand to enjoy the sun and the sporting pleasures.



WALK IN THE VINEYARDS WITH $oxed{\mathbb{I}}$ WINE OR GRAPE JUICE TASTING



on quotation

Take a walk through the magnificent vineyards and picturesque landscapes near Montpellier while tasting local wines or delicious fresh grape juice, for an immersive taste experience.





ESCAPE GAME



(L) 1h or +

on quotation

Immerse yourself in a thought-provoking adventure where you solve captivating puzzles and explore intriguing settings to make your escape in time!





(L) As you want on quotation

Want a friendly and fun moment where you can enjoy drinks while exploring a vast collection of board games? Montpellier has game bars offering this kind of entertaining experience!









on quotation

Immerse yourself in a captivating underwater world with colorful, varied and fascinating sea creatures.





As you want

Discover a variety of fascinating animals, from majestic wolves to large giraphs and how they live.







A 1500m² playroom with all types of trampolines (inclined, minitrampolines, Walking Wall...) and play areas for even more fun and excitement!

ART MUSEUMS OF MONTPELLIER

FABRE MUSEUM

Arts, science and culture make up this astonishingly rich place of art and history. It's the ideal museum for the curious and those with a passion for the visual arts and heritage.

MOCO

An innovative contemporary art centre that presents dynamic and varied exhibitions showcasing emerging and renowned artists.

PAVILLON POPULAIRE

Photographic art space presenting works by artists of national and international renown. On average, three exhibitions are held there each year.

ESPACE DOMINIQUE BAGOUET

A free art and heritage centre open to all. Dedicated to regional artists of the 19th and 20th centuries, it has enjoyed growing success since reopening in 2012.

CARRÉ SAINTE ANNE

A contemporary art space housed in a renovated former church, offering a unique setting for exhibitions and artistic events.

PARCELLE473

Street art and contemporary art, offering a dynamic collection of urban and contemporary works in an innovative and accessible environment.

SEE YOU SOON IN MONTPELLIER!



